

## What impact force might be expected at an anchor were a fully body harness tested with different types of lanyard?

The energy absorbency of the lanyard, fall factor, mass & mass distribution of the falling object all have an effect on the forces experienced by the anchor and casualty.

Testing has recorded anchor loads (in kN) as follows:

*With a full body harness and 100 kg anthropometric test dummy*

Lanyard Fall Factor	Energy absorber	Dynamic rope	Wire strop
<b>1</b>	<b>5.9</b> 910 mm/1,130 mm	<b>7.8</b> 1,735 mm/2,085 mm	<b>16.1</b> 1,930 mm/1,930 mm
<b>2</b>	<b>6.1</b> 910 mm/1,280 mm	<b>10.5</b> 1,790 mm/2,050 mm	<b>22.1</b> 1,930 mm/1,930 mm

*With a 100 kg mass (to EN 364)*

Lanyard Fall Factor	Energy absorber
<b>1</b>	<b>4.4</b> 1,040 mm/1,605 mm
<b>2</b>	<b>7.4</b> 1,040 mm/1,600 mm

### NOTE:

The figures given thus: "910 mm/1,280 mm" represent the original length of the lanyard and the post-fall length (mm).

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