

Training for professional work at height & rescue



Excellent course content and very relevant to the work/sites we shall be undertaking.
Practical sessions gave a good understanding regarding what is needed. 99

Atkins Global



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tion by descent Evac





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heightec.com

about heightec

heightec provides technical equipment, specialist training and operational support services to height safety and rescue professionals worldwide.

heightec has served the height safety and rescue industry for over 25 years.

We are the only UK manufacturer that specialises in the design of technical fall protection equipment who offers complementary training and support services via our national network of height safety training centres.

Our Services

- · Competence based training for technical work at height and rescue
- · Specialist equipment for ascent, descent, work positioning, fall arrest and rescue
- · Expert safety auditing, consultancy, inspection and testing

Single source procurement for the height safety and rescue industry

Our Clients

Our clients include multinational corporations, private companies, government departments and small businesses.

We establish long-term relationships with our clients offering safe, cost-effective solutions for contractors, managers and operators.

heightec's training division, The National Access and Rescue Centre, was established in 1997 with the launch of our flagship training centre at our head office in Kendal, Lake District. Kendal has since become the UK's leading Height Safety Centre for work at height and rescue training.

Since 1997 we have established a national network of dedicated Height Safety Centres, with training venues in Aberdeen, Kendal, Leeds, Birmingham and London.

heightec is accredited to ISO 9001 for all of our business activities.





Our Height Safety Centres

services.

We offer an unrivalled series of high quality indoor training environments, with a combined floor area of approx. 50,000 square feet and a wide range of specially designed training apparatus replicating realistic work situations.

Being able to guarantee the delivery of a course at any time of year is an important part of our service, without the risk of foul weather interruption and where the learning ability of participants will not be reduced by being cold or wet.

and London.

With a network of centres located across the UK, clients are able to choose a venue most convenient to them, minimising downtime and overnight costs.

heightec is an approved training provider of Global Wind Organisation (GWO), Mast and Tower Safety Group (MATS) and International Industrial Rope Access Trade Association (IRATA). Our MATS courses are Energy & Utility Skills (EUSR) registered and meet the requirements of the ARQIVA Gateway Scheme.

heightec is a member of SafetyOn - a health and safety organisation for onshore renewables, who work to ensure safe working practices across the industry, mitigating any emerging risks that arise.



heightec provides everything needed for technical work at height - offering a full range of work and rescue equipment, expert advice and operational support

Our centres are located in Aberdeen, Kendal, Leeds, Birmingham







heightec is the only UK manufacturer of technical fall protection and rescue equipment with a national network of dedicated Height Safety Centres for professional work at height and rescue.

Technical Training

We train thousands of participants throughout the UK and across the world every year, delivering height safety and rescue courses. Our courses are specifically designed to ensure participants become competent in their respective activity by providing a balanced mix of knowledge and practical skills-based training.

Our dedicated Height Safety Centres comprise the most diverse and comprehensive range of training environments available anywhere.

Our success is underpinned by our exceptional team of highly experienced trainers whose knowledge and expertise is highly valued by our clients.

Specialist Equipment

heightec specialises in the design and manufacture of innovative harnesses, lanyards, descenders, ascenders and rescue products for vertical work at height and rescue.

Our award-winning equipment is designed with the highest margins of safety and tested beyond the requirements of international standards.

whatever your industry.

this.



Operational Support Services

In addition, we deliver a comprehensive range of operational support services, including emergency planning, inspection and bespoke marking services.

Our services are delivered by a team of fully qualified staff in line with industry regulatory and legal requirements, in accordance with our ISO 9001 management system.



our services





INNOVATION AWARD

heightec products combine exceptional performance with superior strength and durability and are manufactured within the highest levels of quality control. We are pleased to offer expert advice on how to select the most suitable system for your particular application,

As a UK manufacturer we are proud that throughout these challenging supply times we have been able to offer very low lead times on standard stock items and continue to offer

heightec - Setting the Standard

heightec was one of the pivotal organisations in the creation of BS 8454 "Code of Practice for delivery of training and education for work at height and rescue". As a prospective training participant, you can be sure you will receive the course most suited to your needs.

Choosing the Right Course

Our courses are carefully designed to meet the requirements of BS 8454 and satisfy third party requirements where applicable. Each course delivers a balanced mix of knowledge, practical skill and experience based training to ensure participants become competent in their respective activity.

Each course sets out the critical elements of a safe system of work, including; legal requirements, risk assessment, method statements, selection, use and care of appropriate equipment, site safety and emergency procedures.

Bookings

We have a live online booking system to enable you to book online. Visit heightec.com

Group / Client Site

Group courses can be arranged to order, either at one of our Height Safety Centres in the UK. For details and discounts please call our sales line.

If you would like advice on which course is right for you, please call us on 01539 728866. We are happy to talk through any questions you may have.

Industry Standards

Our main practical based courses include the "Introduction to the Use of Fall Protection Equipment" syllabus approved by the Work at Height Safety Association (WAHSA).

This syllabus has been set by manufacturers of height safety equipment to ensure that safety critical aspects of the use of equipment are addressed. It includes elements of basic knowledge required by any worker, as prepared by the Advisory Committee on Work at Height Training (ACWAHT).

heightec is one of very few training providers to offer this course content.

heightec is an approved training provider of Global Wind Organisation (GWO), Mast and Tower Safety Group (MATS) and International Industrial Rope Access Trade Association (IRATA). Our MATS courses are Energy & Utility Skills (EUSR) registered and meet the requirements of the ARQIVA Gateway Scheme.

On Course Completion

Certificates are issued by accrediting body where applicable, or heightec on completion of the course.

Revalidation

Our range of revalidation courses build upon initial course content, keeping participants up to date with latest legislation and best practice.





may have.

Confin Constr Emera Am Fir Po Faciliti Fall Pr Suppo Offsho Renew Rescu Rope / Teleco Theatr

We offer a comprehensive range of work at height and vertical rescue training courses to accommodate the requirements of all industries who work at height.

Courses can be booked online at heightec.com, to arrange a group booking to order either at one of our Height Safety Centres or on client site please call us.

If you would like advice on which course is right for you, please call us on 01539 728866, we are happy to talk through any questions you

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Excellent course, lots of hands-on. I left with the confidence to put my skills into practice. ??

Unilever

Confined Space Training

Confined Space Entry (Escape BA)

Provides knowledge and practical competence to allow a person to spaces safely. For persons who do not normally require the use of use gas detection monitors and / or portable escape breathing app

Confined Space Entry (WTG - Low Risk Areas)

For persons who will enter confined spaces in wind turbines which a require the use of portable escape breathing apparatus in emergen

Must have an in-date GWO Working at Heights certificate (see TW

Rescue Training

Height Safety & Rescue After a Fall

Persons requiring basic knowledge of fall protection systems allowing them to fit and u harness. Includes lowering and raising of a casualty using the RescuePack[™] system.

Recommended Equipment		TCS1U	TCS3U
Rescue Systems:			
[†] RescuePack Reach™	WK32	•	
[†] RescuePack WTG Rescue System	WK41		•
Length options available - visit heig h	itec.com		

Supporting Skills - see p25 for more details Inspection of PPE - Competent Person

confined space

	Days	Code
	2	TCS1U
to enter low and medium risk confined f portable breathing apparatus but may paratus in emergency situations.		
	1	TCS3U
n are classed as low risk and do not ency situations.		
VG004).		
	1	TRE11U
ving them to fit and use a fall arrest scuePack™ system.		

1 TSK1U



Very informative, good mix of theoretical and practical exercises. ⁹⁹

Higgins Construction

Work at Height Training

Harness Fitting & Use

Safety harness training course provides the knowledge required to of working at height and basic fall protection techniques. This cours knowledge of basic fall protection methods, allowing them to fit and

Using Height Safety Equipment

Includes harness fitting and use of a range of fall protection equipment maintenance and Work at Height Regulations. Includes the WAHS/ to personal fall protection equipment".

MATS MATS Rooftop Worker - Safety & Access (ARQIVA*)

For access and work on flat rooftops, particularly in the telecoms in to work on BT and Arqiva sites. Course includes managing common arrest lanyards and fixed fall arrest and restraint systems.

**Includes registration with EUSR

Rescue Training

Tower Crane, Tall Structure Rescue

Intended for people working with tower cranes who may be required crane structure or a person suspended on a lanyard after a fall.

Complies with the requirements of CPA technical information note from Height on Tower Cranes'.

Anchor Fixing & Testing

For persons required to fix and test permanent anchors for fall prote experience of fixing and testing a selection of commercially availab

Recommended Equipment		TFP1U	TTS1U	TFP4U	TRE1U	TRE4U	TRE9U
Work Kits:							
Roof Work Kit	WK04	•	•	•			
[†] LASER Horizontal Anchor Line	LH10		•	•			
Rescue Systems:							
[†] RescuePack Reach [™]	WK32				•		•
[†] RescuePack TC	WK39						•
[†] ROTOR Evaq System	WK42					•	

[†]Length options available - visit heightec.com

Supporting Skills - see p25 for more details

Managing Work at Height

Inspection of PPE - Competent Person

RF Hazards - Awareness & Monitoring (ARQIVA*)

*Includes ARQIVA Gateway approved content. Visit www.arqiva.com/documentation/gateway-documents for more information

construction

	Days	Code
	0.5	TFP1U
o meet the legal requirements rse is for people who require nd use a fall arrest harness.		
ment, equipment care and SA approved syllabus "Introduction	1	TFP4U
r) NEW industry. Mandatory requirement on hazards, using harnesses, fall	1	TTS1U
ed to rescue a casualty from the cab	1	TRE9U
TIN013 – 'Rescue of Personnel		
otection purposes. Includes practical ble eyebolt anchors.	1	TSK3U

2	TFP2M
1	TSK1U
0.5	TSK4U



66

I have learnt a great deal on this course. Content was extremely relevant to the role we play in HART. Instructor was friendly and very knowledgeable. 🄊

HART

Work at Height Training

Using Height Safety & Rescue Equipment - HART

Provides training in the use of the specific types of personal fall proby ambulance Hazardous Area Response Teams. Also covers the suspension intolerance and the importance of timely rescue.

Using Height Safety & Rescue Equipment - HART Revalidation

Rescue Training

Industrial Rescue - Technician*

An indispensable course for industrial rescue teams. Introduces pa rescue, allowing them to function effectively as part of a team in a

'This course aligns with Fire Service training levels as defined by The Ch Working at Height Group.

Additional Courses

GWS Working at Height (WAH)

For paramedics who have wind turbines in their operational area whether the second sec rescue on a wind farm. Course covers a variety of access, safety ar registration with GWO.

Working at Height Refresher (WAHR)

Advanced Hub Rescue for Wind Turbines

For paramedics who have wind turbines in their operational area w rescue situation Course covers hub and yaw area rescues. Prior we (TWG004 recommended).

Confined Space Entry (Escape BA)

Provides knowledge and practical competence to allow a person to For persons who do not normally require the use of portable BA's b and / or portable escape sets in emergency situations.

Recommended Equipment		TFP4UH	TWG004	TRE1U	TRE7U	TCS1U
Work Kits:						
Rigger's Kit	WK11	•				
WTG Kit	WK13	•	•			
Rescue Systems:						
[†] RescuePack Reach™	WK32	•		•		•
RescuePack [™] Pro	WK35				•	
[†] RescuePack WTG Rescue	WK41		•			
CHRYSALIS Stretcher	MS01					

⁺Length options available - visit heightec.com

Supporting Skills - see p25 for more details

Managing Work at Height Inspection of PPE - Competent Person

emergency services - ambulance HART

Davs	Code
,.	
2	TFP4UH
1	TFP4UHR
3	TRE7U
2	TWG004
1	TWG004R
1	TWH029
2	TCS1U
	1 3 2 1 1

2	TFP2M
1	TSK1U



RescuePack Pro™
Rescue Training
Regulations. Includes the WAHSA approved syllabus "Introduction

Industrial Rescue Technician*

Height Safety & Rescue After a Fall

^{*}Meets Fire and Rescue Service Manual, "Fire Service Training - Foundation standard practice techniques.



Excellent course and instructors, with

superb knowledge and delivery style.

Fire & Rescue Service

99

[†]Length options available - visit heightec.com

Supporting Skills - see p25 for more details

Inspection of PPE - Competent Person

16 heightec

emergency services - fire service & industrial rescue

	Days	Code
Work at Height Training		
Using Height Safety Equipment	1	TFP4U
Course includes use of fall protection equipment, equipment care and maintenance and Work at Height Regulations. Includes the WAHSA approved syllabus "Introduction to personal fall protection equipment".		
Rescue Training		
RescuePack Pro™		
Provides hands on experience of a full range of industrial rescue skills in realistic environments together with experience of simulated rescue situations.		
Industrial Rescue Technician*	3	TRE7U
Introduces participants to the fundamentals of rescue, allowing them to function effectively as part of a team in a diversity of industrial rescue situations. Foundation course in the use of RescuePack Pro [™] industrial rescue system. Provides training in fall protection and basic rescue techniques to allow a team to lifeline a rescuer or raise / lower a rescuer or casualty using a twinline system.		
Height Safety & Rescue After a Fall	1	TRE11U
Persons requiring basic knowledge of fall protection systems allowing them to fit and use a fall arrest harness. Includes lowering and raising of a casualty using the RescuePack™ system.		
Meets Fire and Rescue Service Manual, "Fire Service Training - Foundation Training and Development: Principles of		



Really good course, well structured with a very engaging trainer. Very useful. "

Lemonardo M.W.

Work at Height & Access Training

Police Rope Access for Search at Height - Operator"

Ideal for orgainsations who do not presently undertake rope access capability in specific, lower risk, environments. Detailed training of environments or work tasks.

Police Rope Access for Search at Height - Operator Revalid

Police Rope Access for Search at Height - Supervisor

Advanced course for officers who already have a rope access qual Course covers legislation, inspection and care of equipment, casual statements and site management requirements.

Police Rope Access for Search at Height - Supervisor Revali

Police / TSU Special Access (ARQIVA*)

Course for operational police and TSU officers who need skills to a industrial climbing, roof access, rigging and light lifting, RF hazards approved syllabus "Introduction to Personal Fall Protection Equipm

Initial Basic Tower Climbing & Rescue

This course provides a range of skills for climbing, including the us rescue. Includes equipment selection, pre-use inspection, use of to and emergency procedures.

"Based upon ISO 22846 Personal equipment for protection against falls - Rope access systems - Part 1: Fundamental principles for a system of work and Part 2: Code of Practice.

	Recommended Equipment	nt	TRA1G	TTS7U	TTS2UR
	Work Kits:				
ss	Rigger's Kit	WK11		•	•
Police Special Access	Rope Access Kit	WK22	•		
pecial	Rescue Systems:				
ce Sp	[†] RescuePack Reach™	WK32	•		
Poli	[†] TowerPack™	WK33		•	•
	⁺ Length options available -	visit heigh	tec.c	om	



Supporting Skills - see p25 for more details Inspection of PPE - Competent Person Managing Work at Height Confined Space Entry (Escape BA) **Anchor Fixing & Testing**

	Days	Code
	5	TRA1G
ss and wish to develop an in-house f skills required in specific workplace		
dation	3	TRA1GR
	5	TRA1G
alification and significant work experience. alty care, risk assessments, method		
lidation	3	TRA1GR
	5	TTS7U
access a variety of structures. Covers Is and rescue. Includes the WAHSA ment".		
	3	TTS2U
se of all safety equipment and tower tools, risk assessment, method statements		

1	TSK1U
2	TFP2M
2	TCS1U
1	TSK3U

*Includes ARQIVA Gateway approved content. Visit www.arqiva.com/documentation/gateway-documents for more information.



The hands-on sessions were well organised... the content was ambitious for the timescale, but much was learnt by us. ??

Health & Safety Executive

Work at Height Training

Using Height Safety Equipment

Course includes use of fall protection equipment, equipment care a Regulations. Includes the WAHSA approved syllabus "Introduction

MXTS MATS Rooftop Worker - Safety & Access (ARQIVA

For access and work on flat rooftops, particularly in the telecoms in on BT and Arqiva sites. Course includes managing common hazard and fixed fall arrest and restraint systems. **Includes registration with EUSR.

Managing Work at Height

For managers, supervisors, clients and specifiers who are required system of work for work at height.

IRATA - Industrial Rope Access Trade Association

IRATA certification is suitable for individuals who wish to environmentation of situations.

IRATA All Levels

IRATA Level 1 - Entry level certification for participants who wish to

IRATA Level 2 - An intermediate technician is capable of rigging w performing a variety of rope access tasks.

IRATA Level 3 - Advanced course allowing supervision of a wide ra

Trade Specific Rope Access Training

This route is suitable for companies who work in a specific sector of geotechnical, lightning protection, comms) who wish to add a rope

ISO Rope Access Training - All Levels*

See p.35 for more details on all levels

* Broadly based on ISO 22846 Personal equipment for protection against falls - Rope access systems - Part 1: Fundamental principles for a system of work, Part 2: Code of Practice.

Supporting Skills - see p25 for more details

Inspection of PPE - Competent Person RF Hazards - Awareness & Monitoring (ARQIVA*) Anchor Fixing & Testing

*Includes ARQIVA Gateway approved content. Visit www.arqiva.com/documentation/gateway-documents

• •

10/

TRA2G

TFP4U TTS1U TRE1U

• •

WK04

WK22

WK32

Recommended Equipment

[†]LASER Horizontal Anchor Line LH10

[†]Length options available - visit heightec.com

Work Kits: Roof Work Kit

Rope Access Kit

Rescue Systems:

[†]RescuePack Reach[™]

	Days	Code
and maintenance and Work at Height	1	TFP4U
n to personal fall protection equipment". A*) NEW ndustry. Mandatory requirement to work rds, using harnesses, fall arrest lanyards	1	TTS1U
d to create, implement and maintain a safe	2	TFP2M
on enter the industry and will be working in a		
to enter the industry.	5	TRA2G
working ropes, undertaking rescues and		
range of work sites.		
or in defined circumstances (e.g. cleaning, e access capability to their portfolio.		
	5	TRA1G

1	TSK1U
0.5	TSK4U
1	TSK3U



66

This was by far the best course I've been on. Refreshing to find someone training who really knows the industry, what's actually required and how to implement it in a practical way.

Granada Material Handling Ltd

Work at Height Training

Using Height Safety Equipment

Course includes use of fall protection equipment, equipment care a Regulations. Includes the WAHSA approved syllabus "Introduction

MXTS MATS Rooftop Worker - Safety & Access (ARQIVA)

For access and work on flat rooftops, particularly in the telecoms in BT and Arqiva sites. Course includes managing common hazards, fixed fall arrest and restraint systems.

Rail Coach Roof Access

For transport workers who need to safely access specific features of as inspection and maintenance. Tailored towards transport systems electrified buses, more specifically where a pantograph is present.

Managing Work at Height

For managers, supervisors, clients and specifiers who are required system of work for work at height.

Telecoms Training Packages

MXTS MATS Roof & Rescue from Height (ARQIVA)

Course provides practical training in flat rooftop access, rescue, eva height. Includes casualty care, casualty handling and lowering methods.

Recommended Equipment		TFP4U	TFP5U	
Work Kits:				
Roof Work Kit	WK04	•	•	
Rigger's Tower Climbing Kit	WK11	•		
[†] LASER Horizontal Anchor Line	LH10		•	
Rescue Systems:				
[†] RescuePack Reach™	WK32		•	•
[†] Length options available - visit h	eightec.c	om		

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Supporting Skills - see p25 for more details

Managing Work at Height Inspection of PPE - Competent Person

All MATS courses includes:

• ARQIVA Gateway approved content. Visit www.arqiva.com/documentation/gateway-documents for more information

• EUSR Energy & Utility Skills Register.

fall protection

	Days	Code
	1	TFP4U
and maintenance and Work at Height to personal fall protection equipment".		
NEW	1	TTS1U
ndustry. Mandatory requirement to work on using harnesses, fall arrest lanyards and		
	0.5	TFP3U
of rail coach roofs for purposes such is such as rail, tram, metro and trolley /		
	2	TFP2M
d to create, implement and maintain a safe		
	2	TTS16
vacuation and stretcher use for working at	-	
thods.		

2	TFP2M
1	TSK1U

ENERGY & APPROVED UTILITY SKILLS PROVIDER



Emergency First Aid at Work EFAW

66

needs. 🤊

Acropolis Services

Highly knowledgeable, relevant and targeted course that was perfect for their

Recommended Equipment		TSK1U	TCS3U
Work Kits:			
Roof Work Kit	WK04	•	
Rescue Systems:			
[†] RescuePack Reach [™]	WK32		•

 $^{\dagger}\text{Length}$ options available - visit <code>heightec.com</code>

Supporting Skills

Inspection of PPE - Competent Person

Provides skills for inspecting PPE for work at height. After the cours out thorough examinations of equipment and keep traceable record Regulations.

RF Hazards - Awareness & Monitoring (ARQIVA*)

Provides knowledge on the effects of RF on the human body, methomeans of identifying danger areas.

Rope Access Site Awareness

For persons who manage sites where Rope Access operations are

Anchor Fixing & Testing

For persons required to fix and test permanent anchors for fall prote experience of fixing and testing a selection of commercially available

Harness Fitting & Use

Safety harness training course provides the knowledge required to at height and basic fall protection techniques. This course is for peop protection methods, allowing them to fit and use a fall arrest harnes

Confined Space Entry (Escape BA)

For those who will enter confined spaces which do not normally req apparatus but who may use gas detection monitors and / or portabl

Emergency First Aid at Work EFAW

First Aid course for nominated Emergency First Aid at Height (EFAV manage first aid requirements for work sites or offices. Covering all initial survey, administering first aid through to recording accidents i

supporting skills

	Days	Code
	1	TSK1U
rse the participants will be competent to carry rds of this under LOLER and Work at Height		
hods of operating detection equipment and	0.5	TSK4U
e taking place.	1	TRA9M
	1	TSK3U
tection purposes. Includes practical ble eyebolt anchors.		
o meet the legal requirements of working cople who require knowledge of basic fall	0.5	TFP1U
9SS.	3	TCS3U
equire the use of portable breathing ble escape sets in emergency situations.	5	10330
	1	TSK6U
AW) individuals or businesses who Il skills necessary, ranging from s in the workplace.		



66

Thank you for a most enjoyable course, very professionally run. We have all come away with valuable information and a skills pool which we can expand upon. Above all, we thoroughly enjoyed the course.

Shell

Work at Height Training

Using Height Safety Equipment

Course includes use of fall protection equipment, equipment care a Regulations. Includes the WAHSA approved syllabus. "Introduction

Confined Space Entry (Escape BA)

Provides knowledge and practical competence to allow a person to persons who do not normally require the use of portable BA's but m portable escape sets in emergency situations.

Confined Space Entry WTG Low Risk Areas

Provides knowledge and practical competence to allow a person to turbines safely for the purpose of carrying out light maintenance or

Rescue Training

Industrial Rescue Technician

Foundation course in the use of RescuePack Pro[™] industrial rescu protection and basic rescue techniques to allow a team to lifeline a casualty using a twinline system.

IRATA - Industrial Rope Access Trade Association

IRATA certification is suitable for individuals who wish to e variety of situations.

IRATA All Levels

IRATA Level 1 - Entry level certification for participants who wish to

IRATA Level 2 - An intermediate technician is capable of rigging we performing a variety of rope access tasks.

IRATA Level 3 - Advanced course allowing supervision of a wide ra

ISO Rope Access Training - All Levels*

Rope access courses are available from technician to supervisor le environments, e.g. sloping embankments, quarries for geotechnica

See p.35 for more details.

*Broadly based on ISO 22846 Personal equipment for protection against falls - Rope access systems - Part 1: Fundamental principles for a system of work, Part 2: Code of Practice.

PAUPAUPAUPAUPAURecommended EquipmentWWork Kits:Rigger's KitWK11•Rope Access KitWK22↓↓Rope Access KitWK22↓↓Rescue Systems:RescuePack Pro™WK35↓●

Supporting Skills - see p25 for more details Inspection of PPE - Competent Person

offshore oil & gas

	Days	Code
	1	TFP4U
and maintenance and Work at Height n to personal fall protection equipment".		
o enter basic confined spaces safely. For may use gas detection monitors and / or	2	TCS1U
o enter basic confined spaces in wind	1	TCS3U
r inspection work.		
cue system. Provides training in fall a rescuer or raise / lower a rescuer or	3	TRE7U
on enter the industry and will be working in a		
	5	TRA2G
to enter the industry. vorking ropes, undertaking rescues and		
range of work sites.		
evel and may be tailored to specific work al, glazed surfaces for cleaning.	5	TRA1G
st falls - Rope access systems - Part 1:		

1 TSK1U



	Days	Code
O Training Packages		
ic Safety Training Package - Offshore (BST) NEW	4.5	TWG000
age provides all the knowledge and skills required for new ers in the offshore wind industry who require the Basic Trainir dard. Includes GWO BST modules Working at Height & Manu dling Combined, Fire Awareness, First Aid and Sea Survival.	•	
ps participants with the knowledge, skills and confidence to opriately respond in the event of an emergency through prop of personal protective equipment, emergency equipment and edures.	er	
ic Safety Training Refresher Package - Offshore (BSTF	R) 3.5	TWG000R
ic Safety Training Package - Onshore	5	TWH020
rse provides the skills and knowledge for new starters in the lore wind industry. Includes GWO BST modules Working at ht & Manual Handling Combined, First Aid, and Fire Awarene ers comprehensive basic rescue from heights in a remote win ne environment. (Excludes Sea Survival).		
ic Safety Training Package Refresher - Onshore	3	TWH020R

Recommended Equipment		TGW005	TWG004	TWG011
Work Kits:				
WTG Kit	WK13	•	•	•
WTG Kit - International	WK16	•	•	•
Rescue Systems:				
RescuePack WTG Rescue	WK41	•	•	•
CHRYSALIS Stretcher	MS01			•

[†]Length options available - visit heightec.com

GLOBAL WIND ORGANISATION TRAINING

Working at Heights (WAH)

Qualifies participants who access any area of a WTG, to inspection work at heights and basic rescue in remote wind turbine environme

Working at Heights Refresher (WAHR)

Manual Handling (MH)

Aims to reduce the risk of musculoskeletal injuries and enable parti in the safest possible way by using essential manual handling prince environment / industry.

Working at Heights & Manual Handling Combined (WAH &

Enables participants to use basic personal protective equipment, w comprehensive basic rescue from heights in a wind turbine environ manual handling behaviour and to perform safe manual handling a

Working at Heights & Manual Handling Combined Refreshe

Fire Awareness (FAW)

Gives participants the basic knowledge and skills to be able to prev judgements when evaluating a fire and manage the safe evacuation effectively extinguish an initial fire by using basic hand held fire figh

First Aid (FA)

Enables participants to administer safe and effective First Aid in a \ and prevent further injury. Including training in recognising, assessi saving techniques. Participants gain the ability to recognise their lin help and enable evacuation off the casualty.

First Aid Refresher (FAR)

Enhanced First Aid (EFA) NEW

Gives participants the skills and knowledge to administer safe, effective enhanced first aid measures to save lives in remote areas using ac teleconsultation.

Enhanced First Aid Refresher (EFAR)

Slinger Signaller (SLS) NEW

Gives participants the ability to act safely and responsibly and to ta aspects of offshore operations from shore to installation vessel or \ an emergency in an offshore wind environment.

Sea Survival (SS) NEW

Allows participants to support and care for themselves and others wind industry by possessing the required knowledge, skills and abi efficiently.

Advanced Rescue Training (ART)

ART course enables participants to perform entry-type injured personal standard rescue equipment, rescue methods and techniques. This 4 modules:

- 1. Hub, Spinner & Inside Blade Rescue (HSIBR)
- 2. Nacelle, Tower & Basement Rescue (NTBR)
- 3. Single Rescuer: Hub, Spinner & Inside Blade Rescue (SR:HSIBI
- 4. Single Rescuer: Nacelle, Tower & Basement Rescue (SR:NTBR)

Advanced Rescue Training Refresher (ARTR)

GWe renewable energy

	Days	Code
on and use basic PPE, and perform safe	2	TWG004
ient.	1	TWG004R
	0.5	TWG002
ticipants to perform their tasks and activities nciples when working in the wind turbine		
MH) NEW work safely at heights and perform nment. The course encourages positive	2	TWG005
er (WAHR & MHR)	1	TWG005R
event fires, conduct initial and appropriate on of personnel.Participants will be able to hting equipment.	0.5	TWG003
	1	TWG001
WTG environment, in order to save lives sing, and prioritising the need for basic life imitations as a basic first aider, calling for		
	1	TWG001R
	3	TWG010
ective and immediate lifesaving and dvanced emergency equipment and medical		
	2	TWG010R
	2	TWG007
ake the correct preventive actions in all WTG, both during normal operation and in		
while working with slinger signalling in the vility to conduct assigned tasks safely and	1	TWG006
son rescue operations, using industry	3	TWG011
s course includes BR) R)	3	TWG011R



[•] Well structured and professionally delivered training course. heightec always set the standard. ^{??}

Senvion

Work at Height Training

Managing Work at Height

For managers, supervisors, and specifiers who are required to system of work for working at height.

Rigging & Light Lifting

Foundation course for the lifting, fixing and adjusting of light to med required to raise and lower loads using rope and pulley based equip

Wind Turbine Lifting Hoist Operations

Course is intended for any individual required to operate or assist in a covers the requirements and operation of hoists / lifting equipment co

Rescue Training

Advanced Hub Rescue for Wind Turbines

For all WTG climbers who are required to access and work in the hub (inc. blade) areas of wind turbines. Includes hub and yaw area rescues.

Recommended Equipment		TWH028	TTS13U	TWH029	TRE4U
Work Kits:					
WTG Kit	WK13	•	•	•	•
WTG Kit - International	WK16	•	•	•	•
Rescue Systems:					
RescuePack WTG Rescue	WK41	•		•	•
[†] i-Scape Personal Escape	D33		•		•
CHRYSALIS Stretcher	MS01			•	

[†]Length options available - visit heightec.com

Supporting Skills - see p25 for more details

Inspection of PPE - Competent Person

renewable energy

	Days	Code
	2	TFP2M
create, implement and maintain a safe		
	2	TTS3U
dium loads up to 100kg. Covers the skills ipment.		
	1	TWH028
a wind turbine lifting hoist operation sand	I	1 111020
commonly used.		
	1	TWH029

1 TSK1U



66

I attended the course and found it very enjoyable. It was a good balance of theory and practical. The trainer was excellent. He was clear, concise and had a very good delivery. It was one of the best safety courses I have attended. ⁹⁹

Canary Wharf Contractors Limited

Rescue Training

Height Safety & Rescue After a Fall

Persons requiring basic knowledge of fall protection systems allowin harness. Includes lowering and raising of a casualty using the Resc

Tower Crane, Tall Structure Rescue

Intended for people who may be required to rescue and/or evacuate tall structures e.g. cab, crane structure, ladder, walkway, or where a after a fall. Complies with the requirements of Construction Plant-hi TIN013 – 'Rescue of Personnel From Height on Tower Cranes'.

Recommended Equipment		TRE1U	TRE4U	TRE9U	TTS13U
Rescue Systems:					
[†] RescuePack Reach™	WK32				
[†] TowerPack™	WK33		•		
[†] RescuePack TC Tower Crane	WK39	•	•	•	
[†] RescuePack WTG	WK41	•	•		
[†] ROTOR Evaq	WK42	•	•		
[†] i-Scape Personal Escape	D33		•		•

[†]Length options available - visit heightec.com

Supporting Skills - see p25 for more details Inspection of PPE - Competent Person Harness Fitting & Use

rescue at height

	Days	Code
	1	TRE11U
ving them to fit and use a fall arrest scuePack™ system.		
	1	TRE9U
ate a casualty from tower cranes or other a casualty is suspended from a lanyard hire Association technical information note		

1	TSK1U
0.5	TFP1U



⁶⁶ One of the best equipped practical training areas I've seen. Well delivered course answering all questions asked fully! ⁹⁹

Ambassador's Theatre Group

Trade Specific Rope Access Training

Suitable for companies who work in a specific sector or in defined geotechnical, lightning protection, comms) and who wish to add a

ISO Rope Access Training - All Levels*

Ideal for companies who do not presently undertake rope access a in specific, lower risk, environments. Detailed training of skills requi or work tasks.

ISO Rope Access Technician - Telecoms*

For those who wish to use rope access as a method of gaining acc course participants will be able to set up their own suspension syst (TTS2U required - see p37).

*Broadly based on ISO 22846 Personal equipment for protection Part 1: Fundamental principles for a system of work, Part 2: Co

IRATA - Industrial Rope Access Trade Associatio

IRATA qualifications are based on the Training, Assessment and Cert following levels set and maintained by the association. They are deper knowledge, and workplace experience. As such, they provide prescrib achieve.

IRATA certified qualifications are recognised globally. They are 'the' b qualification for rope access.

IRATA All Levels

IRATA Level 1 - Entry level certification for participants who wish to

IRATA Level 2 - An intermediate technician is capable of rigging we performing a variety of rope access tasks.

IRATA Level 3 - Advanced course allowing supervision of a wide range of work sites.

Recommended Equipment		TRA1G	TRA4U	TRA2G	
Work Kits:					
Rope Access Kit	WK22	•	•	•	

Supporting Skills - see p25 for more details Managing Work at Height Rope Access Site Awareness Inspection of PPE - Competent Person Anchor Fixing & Testing

rope access

	_	
	Days	Code
circumstances (e.g. cleaning, rope access capability to their portfolio.		
and wish to develop an in-house capability uired in specific workplace environments	5	TRA1G
ccess tall structures. After completing the stem.	3	TRA4U
ion against falls - Rope access systems - Code of Practice.		
on ertification Scheme (TACS) document, pendent on both technical skills, theoretical sribed levels of ability for technicians to		
benchmarked highest standard		
	5	TRA2G
to enter the industry.		
vorking ropes, undertaking rescues and		

2	TFP2M
1	TRA9M
1	TSK1U
1	TSK3U



A brilliantly delivered course tailored to our exact needs in the field. I left with a much greater confidence working at height and using rigging and lifting techniques. 🤧

Neos Networks

Climbing for Masts & Towers Training

MXTS MATS Rooftop Worker - Safety & Access (ARQIVA*)

For access and work on flat rooftops, particularly in the telecoms in BT and Arqiva sites. Course includes managing common hazards, fixed fall arrest and restraint systems.

MXTS MATS Initial Basic Tower Climbing & Rescue (ARQI)

For those starting out in the telecoms industry and whose certificati for climbing, including pre-use inspection, use of all safety equipme

MATS Tower Climbing & Rescue Revalidation (ARQIVA*)

MXTS MATS Telecom Climber, Roof & RF Hazards (ARQIV)

For persons who are starting out in the telecoms industry and requi structure and roof area. Includes content on RF Hazards awarenes

Rigging & Light Lifting

Foundation course for the lifting, fixing and adjusting of light to med required to raise and lower loads using rope and pulley based equi

RF Hazards - Awareness & Monitoring (ARQIVA*)

Provides knowledge on the effects of RF on the human body, operation identifying danger areas.

ISO Rope Access Technician - Telecoms

For those who wish to use rope access as a method of gaining acc course participants will be able to set up their own suspension syst

Telecoms Training Packages

MXTS MATS Roof & Rescue from Height (ARQIVA*)

Course provides practical training in flat rooftop access, rescue, ev height. Includes casualty care, casualty handling and lowering metl

Recommended Equipment		TTS2U / 3U / 7U	TTS1U	TRA4U
Work Kits:				
Roof Work Kit	WK04		•	
Rigger's Kit	WK11	•		
Rope Access Kit	WK22			•
Rescue Systems:				
[†] RescuePack Reach™	WK32	•	•	•
[†] TowerPack™	WK33	•		•

[†]Length options available - visit heightec.com

Supporting Skills - see p25 for more details

Inspection of PPE - Competent Person

All MATS courses includes:

- ARQIVA Gateway approved content. Visit www.argiva.com/documentation/gateway-documents for more information
- EUSR Energy & Utility Skills Register.

_	Days	Code
) NEW	1	TTS1U
ndustry. Mandatory requirement to work on , using harnesses, fall arrest lanyards and		
IVA*)	3	TTS2U
tion has expired. Provides a range of skills ent and tower rescue.		
	1	TTS2UR
/A*)	4	TTS8U
uire to access all parts of a typical tower ss and monitoring.		
	2	TTS3U
dium loads up to 100kg. Covering the skills ipment.		
	0.5	TSK4U
ration detection equipment and means of		
	3	TRA4U
cess to tall structures. After completing the stem. (TTS2U required - <i>see above).</i>		
EW	2	TTS16
vacuation and stretcher use for working at thods.		

TSK1U 1



sales line: 01539 728866



Everyone had nothing but praise for the training. Good facilities and clear instructions from the trainers. ⁹⁹

Shaftesbury Theatre

Work at Height Training

Work at Height in Entertainment Industry

Provides a range of skills for accessing and working at height on sta safety equipment, evacuation and rescue.

Work at Height in Entertainment Industry Revalidation

Rigging & Light Lifting

Foundation course for the lifting, fixing and adjusting of light to med skills required to raise and lower loads using rope and pulley based

Rescue Training

Height Safety & Rescue After a Fall

Persons requiring basic knowledge of fall protection systems allowing them to fit and use a fa harness. Includes lowering and raising of a casualty using the RescuePack[™] system.

	TTS3U	TTS9U	TFP4UE
WK04			•
WK11	•	•	•
LH10		•	•
WK32	•	•	•
	WK11 LH10	WK04 WK11 • LH10	WK11 • • LH10 •

[†]Length options available - visit heightec.com

Supporting Skills - see p25 for more details

Inspection of PPE - Competent Person Managing Work at Height Harness Fitting & Use

theatre / entertainment

	Days	Code
	2	TTS9U
stage structures including the use of all		
	1	TTS9UR
	2	TTS3U
edium loads up to 100kg. Covering the ed equipment.		
	1	TRE11U
ving them to fit and use a fall arrest		

1	TSK1U
2	TFP2M
0.5	TFP1U



Designing and manufacturing innovative products for specialist



Specialist Height Safety & Rescue Equipment

heightec manufactures a comprehensive range of high quality, fall protection and vertical rescue systems adapted to the requirements of technical industries

The quality of our systems is founded on the quality of our individual products.

- Each product is designed with a single objective to improve on what has gone
- Our high specification products excel in their specific functions and are safe,

We design products with specifications in excess of standards testing

Some manufacturers regard national and international standards (e.g. EN's) as the absolute benchmark which their products must meet. This can lead to products being "designed down" to the standard - with specifications which

This approach does not allow for deterioration and wear, which begins as soon as a product is brought into use. A product that only just meets the requirements of a standard at the time of manufacture could easily deteriorate

Our test regime has included an external exposure test, in which products were continuously subjected to weathering in a very exposed location on the roof of a 35m high building. After 7 years of continuous exposure to sun, wind, ice and

For details of our full range of work at height and rescue products

Complete Work Systems - Examples

Each work kit is designed to exceed specific requirements for all work at height industries.

Every component is carefully selected to make the user's job easier, more comfortable and efficient.

The resulting systems are exceptional.

Our work kits:

Roof Work Kit For flat and sloping roof work

Rigger's Kit For tower climbing and rigging

Wind Turbine Climber Kit Climber's kit for wind turbine technicians

Rope Access Kit With innovative rope high-specification rope devices and quick connect harness

Basic Lifting Kit Lifting kit for hauling including specialist locking pulley

Advanced Lifting & Lowering Kit Designed to lift small loads (100kg)



Wind Turbine Climber Kit







In ighter

RescuePack Reach™



RescuePack Pro™



Rope Access Kit

Vertical Rescue... our speciality

Our dedication to designing modular rescue systems began over two decades ago, with the PHOENIX professional rescue harness. The PHOENIX is one of the most widely used harnesses utilised by fire brigades, rescue teams, defence fire and airport fire services worldwide. It was awarded Millennium Product status by the UK Design Council as an outstanding innovation.

Our rope devices are specially designed for complete control in both lowering and raising operations. We have created new, high strength camming mechanisms for hauling loads and have evolved pulley mechanisms that attach quickly and easily to a loaded rope.

We have a dedicated range of descenders and rescue products specifically for use by fire services and rescue teams.

Examples of our rescue systems:

RescuePack WTG Rescue System Rescue from most areas of a wind turbine

RescuePack TC Tower Crane Rescue System Tower crane rescue kit

TowerPack™ / TowerPack Pro For tower / tall structure rescue

RescuePack Reach™ Rescue of a suspended person

i-Scape Personal Escape System Advanced self-evacuation descender for specialist industries

RescuePack Pro™ Industrial twin line rescue kit

For details of our full range of work and rescue systems visit:

heightec.com





Training Apparatus

industry.

at all times.

Structures include:

- Confined industrial process vessels
- Horizontal lattice beam Suspended lifting beams
- Interior flat roofs
- Internal scaffolds

heightec.com/training-venues

height safety centres

- Each Height Safety Centre is fully equipped with a comprehensive range of training apparatus to accurately represent the working environments for your specific
- With a combined floor area of approx. 50,000 square feet of purpose built indoor training facilities, we can guarantee the delivery of training no matter what the weather.
- Our highly experienced and knowledgeable instructors ensure participates safety
- Wind turbine generator simulators with hub, yaw and roof apparatus
- · Vertical ladders with a variety of fixed protection systems
- Confined space gallery with multiple entries, manholes
- Telecoms rigging dishes and antennae
- Range of exposed walkways and high platforms
- · Range of internal and external lattice towers
- For more information about structures at specific venues please visit

Aberdeen - AB32 6TQ

The Aberdeen Height Safety Centre serves all height safety sectors but is specially dedicated to the booming energy industries - oil, gas and onshore and offshore renewables.

Located in Westhill, within easy travelling distance of the city centre with good road, rail and airport links for clients in the Borders and Eastern Scotland.

Transport

Road:	On the A90 - 2 miles
Rail:	Aberdeen mainline - 8 miles
Airports:	Aberdeen Dyce - 5 miles

Distances to Aberdeen from:

Montrose	41 miles
Dundee	67 miles
Inverness	97 miles
Edinburgh	124 miles
Glasgow	146 miles



Leeds - LS12 6DP

Our Leeds located Height Safety Centre is based just outside Leeds on the M621 motorway, giving excellent access to the M1 and M62 corridors.

This centre has easy access from all parts of Yorkshire, Lancashire and the North East, as well as the energy hubs along the east coast.

Transport

Road:	M621 motorway - exit jnct 1
Rail:	Leeds Station - 10 minute taxi ride
Airports:	Leeds Bradford / Manchester / New Teeside
	International

Distances to Leeds from:

Sheffield	37 miles
Manchester	42 miles
Grimsby	78 miles
Newcastle upon Tyne	104 miles



Kendal - LA9 6NH

heightec's flagship centre was launched in 1997 in Kendal, Cumbria. Its location at the Southern edge of the Lake District ensures its popularity with our clients across the UK.

Kendal is the largest of our dedicated Height Safety Centres, offering the full range of height safety, difficult access and rescue training courses.

Transport

Road:	M6 motorway - exit jnct 36
Rail:	Main line - Oxenholme Station
Airports:	Manchester / Leeds Bradford / Liverpool New Teeside International

Distances to Kendal from:

Barrow-in-Furness 36 miles 76 miles Manchester 79 miles Liverpool Newcastle upon Tyne 100 miles Glasgow / Edinburgh 145 miles



Birmingham - B70 0AZ

Birmingham is centrally located for ease of access to companies across the Midlands. The centre contains a wide range of indoor structures suitable for all work at height and rescue industries. This centre is located on the edge of West Bromwich approximately 15 minutes off the M6 jnct 9 and M5 jnct 1.

Transport

Road:	From North M6 exit jnct 9 - 5 miles
	From South M5 exit jnct 1 - 3 miles
Rail:	Dudley Port - 1.5 miles
Metro:	Black Lane Station - 20 minutes walk
Airports:	Birmingham International - 22.5 miles

Distances to Birmingham from:

Gloucester	56 miles
Liverpool	92 miles
Sheffield	93 miles
Cardiff	108 miles
London	130 miles



London - HA9 7NQ

Our London Height Safety Centre is located at East Lane Business Park in Wembley, off the A4088. The centre is purpose designed for key regional industries, such as construction, telecoms, facilities management, rope access and entertainment.

This centre services central London and surrounding areas, West Midlands, Eastern England, South East and the South West.

Transport

Road:	A406 - 2.5 miles, A40 - 3.5 miles
Rail:	Euston, Kings Cross, Paddington
Tube:	North Wembley - 5 minutes walk
Airports:	London City, London Heathrow

Distances to London from:

Oxford	
Southampton	
Birmingham	
Bristol	
Nottingham	

49 miles 80 miles 118 miles 113 miles

128 miles



Our Centres

All venues have fully equipped classroom and lecture facilities.

Equipment

Participants are provided with personal fall protection equipment for use during the course. You may bring your own however you must bring a current inspection certificate.

Safety boots are mandatory - You must wear safety boots during practical training sessions. Please ensure you bring your own as we do not supply them.

Parking & WiFi 🛜

Parking and WiFi is available at all centres.

Live Online Booking

We have a live booking system, all scheduled courses can be booked online at:

heightec.com/training

Client Site Training

We offer training at client site in the UK. Please call our sales line to discuss your training requirements.



support services



heightec offers a comprehensive range of quality controlled support services.

Work at Height Consultancy

- · Development and review of height safety, emergency planning, policy and procedures
- On site height safety and rescue assessments onshore and offshore
- · Height safety audits and inspections
- Industry specific advice with bespoke training
- Equipment test reports

Inspection & Servicing

For the benefit our account customers we offer an inspection service for individual items of PPE, work kits or rescue systems and is carried out by our trained inspectors. Call for details.

Traceability & ID marking

Our rope devices are now stamped with a unique ID number at the start of the production process. The resulting mark is more durable than laser etching or engraving and remains legible for longer. The lifespan of the product is increased without the need to re-mark when traceability is essential.

We can individually mark our equipment in accordance with a client's own ID scheme. Using laser marking for devices, fabric labels on soft goods such as harnesses, ropes etc or RFID emitter technology on virtually any item of PPE.

Bespoke Branding

In addition to our marking and traceability service, we offer clients the option to have their corporate identity or other relevant markings etched onto large orders of devices or heat transferred onto large bag orders. We also offer bespoke helmet branding and soft label marking options for harnesses, lanyards and ropes.

Please visit heightec.com for more information.

How to order

As a UK manufacturer we are proud that throughout these challenging supply times we have been able to offer very low lead times on standard stock items and continue to offer this.

Please contact us if you would like any help or guidance regarding our services.

Tel: 01539 728866 Email: sales@heightec.com

heightec.com

Office hours: Monday to Friday - 9am to 5pm.

Quality Standards

Training

heightec is an IRATA and GWO approved training provider. Our telecoms courses are MATS Group approved, includes EUSR registration and meet the requirements of the ARQIVA Gateway Scheme.



Business

heightec is accredited to ISO 9001 for all business activities.



British Standards: "BS 8454 Code of Practice for delivery of training and education for work at height and rescue."

the standard was based.

Trademarks

heightec, The National Access & Rescue Centre, Height Safety Centre, DUON, DUON-Air, RescuePack, ROTOR, TowerPack and "with respect to gravity..." are all product names and trademarks of The heightec Group Ld.

Some of Our Clients

E.ON, Met Office, ARQIVA, Ambassadors Theatre Group, Babcock, Ambulance HART teams, Fire Service teams, Police teams, Offshore Painting Services, RES, Orsted, National Grid, Sir Robert McAlpine, Ventient Energy, G. E. Energy, Siemens Gamesa Renewable Energy Services, Vattenfall, Vodafone, McLaren Construction, MLL Telecom, United Nations, John Sisk & Son, Clarke Telecom, MHI Vestas Offshore Wind, CAN, BBC, ABB, Ofcom, Delfont Mackintosh, Natural Power Services, BT, RWE, HG Construction, Comtec International, Oceaneering ...

Specifications are subject to change without notice.

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heightec, Lake District Business Park, Mint Bridge Road, Kendal, Cumbria, LA9 6NH, UK

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heightec played an instrumental role in bringing this British Standard into existence, with the aim of setting a standard of excellence for training providers. We provided the Chair for the BSI drafting group and authored the very first document on which





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heightec.com

MADE IN BRITAIN

Height Safety Centres located in Aberdeen • Kendal • Leeds • Birmingham • London