



**Intended for:** Suitable for persons who are already competent to work at height, who may be required to rescue a casualty suspended on a lanyard after a fall.

**Introduction:** Theory and practical sessions include the selection of suitable anchor points, awareness of possible hazards, methods of operation of rope devices and methods of control during lowering or raising operations.

This course covers all aspects of suspension syncope (trauma), including methods of minimising the effect on the casualty and how to handle the casualty when they have been recovered to a safe place.

### CONTENT

**Knowledge:** Awareness and understanding of RescuePack Reach contents and function  
Pre-use check of equipment,  
Selection of suitable anchorage's  
Abrasion and edge hazards  
Elementary pulley theory  
Medical dangers to suspended persons - suspension syncope,  
Casualty handling.

**Practical skills:** Attachment to the casualty  
Lowering a casualty  
Raising a casualty  
Recovery of a casualty suspended from a lanyard  
Casualty handling.

**Entry Requirements:** This course is not intended to teach the elementary use of fall protection equipment. It is essential that all candidates are already competent in such use, including understanding how to fit and use a harness, the need for safe connection at all times and the use of energy absorbing lanyard. Candidates will be required to produce suitable valid certification prior to acceptance on course.

**Medical Req:** Physical fitness with no contra-indications for working at height. A self-certified statement of reasonable medical fitness will be required prior to attendance.

**Assessment Method:** Continuous assessment is carried out by the trainer.

**Course Duration:** 0.5 days                      **Candidate Ratio:** 1:6

**Revalidation Period:** Certification valid for 3 years.